



Next week- Week 1/A

Attendance reporting procedures Please report children's absence by 08.30 each morning via the Arbor app. Please use the [Absence Form](#) to report future absence e.g. dentist appointments.

Safeguarding

Please find information for parents/carers about supporting young people who are suffering from eating disorders. The Charlie Waller Trust provides information linked [here](#)

Year 10 Assessment Week

As previously notified to Year 10 parents, our Year 10 trial exams are set to begin on Tuesday 14 April. To support their preparation, all students have been issued a four-week revision timetable, following a coaching session with their form tutors this morning on effective scheduling.

We encourage students to use the wealth of resources available on the Year 10 Google Classroom page to guide their studies. Now is the time to establish a consistent revision routine to ensure they feel confident and prepared for the weeks ahead.

Year 11 Raising Achievement Programme

This week saw the launch of the Triple I-Card, which is the essential "Passport to Prom" for our students. Please encourage your child to collect as many signatures as possible for their hard work and preparation; every signature not only helps them to secure their invitation to the prom but also acts as an entry into our prize draws.

Sixth Form

Tuesday was a Careers ELD for Year 12. We had 20 speakers join us to talk about their route to their chosen career, which ranged from forensic psychologist to lawyer, music producer to civil engineer. Two Year 13 students talked about their experience applying to Oxbridge and for a Medical degree. We were also lucky enough to welcome back some ex-students who are now working in their company apprenticeship schemes.

As part of their Enrichment programme Year 12 were given a talk by the Money Charity, which provides young people with practical information on understanding and managing their finances. Year 13 heard from the RAP Foundation about how to navigate social situations and the risks of alcohol, drugs and compromised capacity.

LRC Author Visit

As part of our celebrations for the National Year of Reading, today we were joined by Matt Dickinson, an award-winning author and National Geographic filmmaker, who delivered a compelling and inspiring presentation to Year 7 and Year 8 about his adventures in reaching the summit of Mount Everest.

The session encouraged students to read for pleasure while simultaneously bringing our core values to life. His stories of independence, integrity and inclusivity challenged students to navigate their own paths with resilience and a global perspective.

Key Dates

- 16 Mar: Y11 & Y13 Group Photos
- 20 Mar: Non-Uniform Day
- 27 Mar: Last Day of Term Normal 3.20pm Finish
- 13 April: Term Starts

Next Week Autumn/ Winter Lunch Menu: Week 1

Communications

- [Y8 STEM Careers Event](#)
- [Y10 Aviation Careers Event](#)
- [Y11 Prom 2026](#)

Vacancies

- [Teacher of Technology \(Product Design\)](#)
- [Teaching Assistant](#)

House Points

Current house points			
Bourne	Coram	Handel	Raven
19480	23522	22750	25522
4 th	2 nd	3 rd	1 st
13/03/2026			

Buckinghamshire College Open Events

Please find information about the upcoming open days [here](#).

NHS MMR

Hertfordshire Community NHS Trust have asked us to share a letter with parents/carers regarding the recent MMR outbreak: [Measles Mumps and Rubella](#)

Student Achievements

Netball Y11

On Monday, the U16 Netball Team travelled to Loughborough University after qualifying through five rounds of the Sisters in Sport U16 National Trophy as one of two finalists from the south to play the final four. They held their nerve through a tight match to defeat St Bede's College from Manchester 26-23 in the semi finals and then played The Abbey School, the other southern finalist, in the final. Here they dominated throughout and won the final 27-17 in a great display of excellent netball. Congratulations to this team, who have worked so hard and been so successful over the years, culminating in this amazing success as winners of a national competition - we are so proud of them.



Netball Y7

Congratulations to the Y7A Netball team who beat JFK 28-7 in their final to win the District Cup.

Swim Team

A huge well done to the Y7, Girls A team who competed in a Junior (Y7 & 8) Invitational Swim Gala at Wycombe Abbey where they came up against 9 other schools. They came in a superb 1st place, fighting off tough opposition from Abbots Hill, Aylesbury Grammar, St Marys Ascot, Godstowe and Pipers Corner to name a few. An outstanding achievement considering they are such a young team!

They dug deep and gave it their all and showed great team spirit! Well done to Nina T, Rosie C, Lamorna M and Violet S - you should be proud of yourselves girls!

Sports Results

Y11 Netball SAS National Finals	Champions
Y7 Netball Cup Final	Winners
U18 Girls Football vs Sir John Lawes	Won 2-0
U16 Girls Football vs Presdales	3-3
U13 Girls Football vs Longdean	13A- Won 2-1 13B- Drew 2-2

ASA News

EVENTS

Quiz Night

The quiz is tonight and we hope everyone going has a wonderful time! Big thanks to everyone who baked a cake or put together a platter for the auction - it's great to have the support from our school community. And of course, an enormous thanks to the awesome team, who have put in all the time and effort to run the event. We will do a full shout-out to them all next week, when hopefully we'll have details on how much it raised.

New 2 You Uniform Sale - Saturday 21st March 10 - Midday

The sale is next week, so this is your last weekend to raid your wardrobes for uniform to donate. Please remember we are also selling Prom Outfits, so please do donate if you have anything - our students are a sustainable bunch and it's great to support them,

Prom & regular school uniform donations gratefully received at:

- The school office
- 67A Kings Road

FUNDRAISING OPPORTUNITIES

Dacorum Decorating Supplies - From now until the end of April. Remember to pop your heads into our local decorating supply shop. Due to machine faults, Dacorum Decorating Supplies (317 High Street, Berkhamsted) has a large selection of quality trade paints mixed in incorrect colours which they're selling at seriously good prices - and ALL the money raised will go to the ASA! Simply mention the ASA when you visit. Great paint, great price, and keeping paint out of landfill — a genuine win-win-win.

Brands: Crown, Dulux, Farrow & Ball, Little Greene

Size	Price
10 litre	£12.50
5 litre	£10.00
2.5 litre	£7.50
1 litre / 750ml	£5.00

Bags 2 School - Collection before 21st April Having a clear-out? Donate unwanted clothes, shoes, and textiles to Bags 2 School, a textile recycling company that repurposes clothing *and* donates money to the ASA. The more we collect, the more they give us, so every bag counts!

Drop off at: 15 Swing Gate Lane, HP4 2LJ | www.bag2school.com

VOLUNTEER WITH US

Co-Chair We are looking for someone to join as Co-Chair, to support our existing Chair, Martin H. Martin has been in the role now for almost two years, so this is an excellent time to join us as you'll be volunteering alongside someone with real experience of the role - not dropped in the deep-end at all. It's a fun role, and also a great way to feel connected to the school. Please email us even if it's just to find out some information.

Still banging the Social Media Support drum! If you have a way with words and some social media know-how, we'd love your help. The commitment is manageable — many hands make light work!

Drop us an email if you can help! asa@ashlyns.herts.sch.uk

SAVE THE DATE

Date	Event
21st March	New 2 You Uniform Sale
21st April	Bags 2 School collection deadline
10th July	Comedy & Curry Night

As always...

Stay in the loop: Complete this [form](#) to receive updates on fundraising activities and see where your contributions make a difference

Join our lottery: Sign up for the ASA 100 Club [here](#) for monthly chances to win cash prizes

Shop & raise: Sign up [here](#) for Easyfundraising - raise funds effortlessly while you shop online

Get in touch: asa@ashlyns.herts.sch.uk

Tooled Up at Ashlyns - resources from Dr Kathy Weston: School PIN 4989

Ashlyns School now has access to TULA (the Tooled Up Learning Assistant), a multilingual AI tool designed to provide instant, reliable guidance. TULA is available through your existing Tooled Up membership and offers evidence-based advice drawn exclusively from Tooled Up's resources.

Please find a letter with more details [here](#)



Talking to Children about Traumatic Events in the World: 10 Things to Remember

Tips to Try 8 minute read



Making Sense of the World: Webinar with Dr Dennis Ougrin and Anna Tarasenko

Webinar



Dr Weston Talks with Professor Sarah Halligan: Childhood Trauma and PTSD

Podcast

In the past week, coverage of events and conflict in Iran and the wider Middle East has been difficult to avoid. Even for adults, the pace and tone of headlines can sometimes feel overwhelming. For children who are still learning to make sense of the world, it can feel confusing and unsettling.

Taking time to listen and help children process their feelings can make a real difference. **When they feel safe to ask questions and share worries, they build resilience and the emotional tools to navigate challenges and uncertainty.**

At Tooled Up, we've brought together some key resources to help you feel equipped for these conversations.

For those with younger children, our guide [Talking to Children About Traumatic Events in the World: 10 Things to Remember](#) offers **practical tips to support you and your child** when discussing difficult news in an age-appropriate way.

For parents of primary-aged children, the webinar [Making Sense of the World](#) shares **strategies for fostering discussion and helping children process their feelings without overwhelm.** It also shows parents how to model healthy coping strategies that children can adopt in their own lives.

We are also hosting a new webinar, [Supporting Children During Distressing Global Events](#), on **20 March at 13:00 GMT**. Child and adolescent psychiatrist Dr Dennis Ougrin and neuroscientist and psychologist Anna Tarasenko will discuss how children respond to frightening news and share practical ways parents can offer reassurance and emotional safety.

For parents of older children, our podcast [Childhood Trauma and PTSD](#) explains how stress responses may appear in teenagers, from avoidance and sleep changes, to increased anxiety. It provides guidance on when to seek additional support and how to help teens gradually face fears and build resilience.