

e - Bulletin

Number 08

Week ending 24 Oct 2025

Next week, after half term- Week 1/A

Attendance reporting procedures Please report children's absence by 08:30 each morning using our <u>online google form</u> which can also be found on the school website. This form should also be used to report future absence e.g. dentist appointments.

Safeguarding

We would like to take this opportunity to wish our students and families a safe and enjoyable half term. Should you have any concerns about a child please report these via this <u>link</u> or 0300 123 4043.

School Travel

As part of our continued plan to improve school travel for all our students and local residents we would like to remind all parents/carers to be respectful of our neighbours when parking at pick up time. Some of the roads surrounding the school are private and should not be parked on at any time. A reminder also that no vehicles other than taxis and buses should be parking on the turning circle. Thank you.

Careers Trip to Silverstone Museum

On Thursday a group of Year 9 students took part in a trip to Silverstone Museum to explore careers in STEM (Science, Technology, Engineering and Maths). The students experienced a careers-focused workshop which involved looking at F1 racing artefacts, a track-side walk and a visit to the Museum. A highlight of the trip was the SIM racing experience where students had the chance to race the Silverstone circuit. One of the students commented: 'It was an amazing trip which I found really interesting and I loved learning about what jobs are available.'

New Menu

Our school caterers, Culinera, are excited to launch their new Autumn / Winter menu which will go live on 3 November. The menu includes the ever popular Roast Wednesday and Fish 'n' Chip Friday, along with new seasonal based dishes keeping all the ingredients fresh. We hope the students are encouraged to try the delicious new dishes and any feedback is always welcome to our Executive Chef.

Sports Results

Y8A&B Netball vs Tring	A - Won 21-19 B - Lost 16-12
U13 Boys District Table Tennis	2nd
Y7 Boys Rugby vs KLS	Lost
U16 Boys District Table Tennis	2nd
U12 Girls Football vs Longdean	Won 5-0

Key Dates

- 27-31 Oct: Half Term
- 6 Nov: Y12
 Parent-Teacher
 Consultation Evening
- 24 Nov 5 Dec: Y11 Trial Exams
- 28 Nov: Occasional Day
- 1 Dec: Inset Day

Next Week New Autumn/Winter Lunch Menu: Week 1

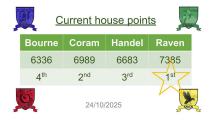
Communications

- Y10 Work Experience
- Y12 Extended Learning Day Trip
- Y13 UCAS and Careers
 Day
- Y10 Revision Sessions

Vacancies

- Safeguarding and Pastoral Support Officer
- Intervention Administrator
 Supervisor
- Higher Learning Teaching Assistant
- Teaching Assistant

House Points



ASA News

Halloween Disco

We hope everyone had a spooktacular time at last night's Halloween Disco! Huge thank you to Amy C for leading the event, and to the school for their support.

Craft Fair - 16th November: 3 weeks to go!

If you haven't already, please sign up for an hour or two at the Craft Fair using the form here. We had a great response last week, but it takes a village to run this event and we still have plenty of positions to fill.

See the flyer <u>here</u> for more details, and please help spread the word—like and share our daily 'spotlight on makers' posts on <u>Facebook / Instagram</u> to build local awareness.

Cake donations needed: We're looking for homemade or shop bought cakes to sell at the fair (no nuts, list of ingredients required - and gluten free options welcome!) Drop off at the main school reception on Friday 14th November, or school on the morning of Sunday 16th November.

Other donations needed (see further down for drop off points):

Beyond cakes for the Craft Fair, we're also collecting:

- Bottles and chocolates for the Festival of Light tombola 23rd November
- Mince pies for the Carol Concert (we're still well-stocked on mulled wine from last year!) 14th December
- Christmas hampers goodies...which leads me neatly to:

The Christmas Hamper Raffle is Back! Draw date Monday 14th December One of our biggest fundraisers of the year returns—and we're aiming to beat last year's incredible success!

Last year, we created 20 hampers packed with wonderful goodies and raised over £3,000 for the school. This year, we want to go even bigger—and we need your help to make it happen.

How you can help: We're counting on donations from all parents to fill our hampers - think Christmas treats, bottles, chocolates, festive candles, seasonal luxuries, and anything that will make these hampers truly special. Please dig deep and start collecting over half term. Drop off locations are below.

Win a hamper: Raffle tickets will go on sale via ParentPay after the break— be sure to buy yours for a chance to win one of these amazing hampers!

Save the Date: Burns Night is Coming to Ashlyns!

The ASA is thrilled to announce a brand new event: Burns Night, to be held at Ashlyns School on Friday, 30th January 2026. Places for this special night are limited, so please Save the Date now and watch this space for ticket sale details, which will be released shortly after October Half Term.

Donations can be dropped off at the school office, or at the following addresses:

- 32 Shrublands Avenue, HP4 3JA
- 9 Birtchnell Close, HP4
 1FE
- 11 Haynes Mead, HP4
 1BU
- 15 Swing Gate Lane, Berkhamsted HP4 2LJ
- 5 Falcon Ridge, HP42HJ
- 1 Upper Hall Park, HP4 2NW

Tooled Up at Ashlyns - resources from Dr Kathy Weston: School PIN 4989

Whether studying, resting, playing or simply growing, a healthy lifestyle for our children begins with **nutrition**.

From shaping very young children's relationship with food, all the way through to making the right nutritional choices to support exam revision or athletic performance, we can help young people become knowledgeable and make the right choices about what goes into their bodies and why.

For parents too, there is plenty of information available on creating a positive environment in the home when it comes to mealtimes, encouraging healthy habits and trying new foods.

Our relationship with food develops from a young age. In this webinar, <u>How to Talk to Children about Food</u> Clinical Psychologist Dr Anna Colton offers practical and sympathetic advice on how parents can support children, from toddler fussy eating to teenage body concerns.

When we're trying to expand our children's palate and broaden their diet, **new** and **unfamiliar foods can often present a major hurdle**. These tips from dietitian Anjanee Kohli offer a gentle, **step-by-step guide** to helping younger children try new tastes and textures: <u>How to Introduce Children to New Foods: A Dietitian's Guide</u>

For older children and teenagers, nutrition is an important consideration for effective study and high performance inside and outside school. Advice on diet, hydration and sleep to help your teen achieve their best and keep their energy levels high when it matters can be found in our resource <u>Nutrition and Exams</u>.

Tooled Up Education warmly invites you to register for their upcoming November 2025 webinars:







The Power of Reading for Children's Outcomes: In this webinar, psychologist Dr Maria Korochkina will share her insights regarding the power of reading and the fascinating world of words that children can access through books. Suitable for staff and parents of children aged 7-16 years. Register here

Supporting Children and Young People Through Loss: Join us for a session with Beck Ferrari, a specialist in loss, trauma and bereavement who will share compassionate and actionable strategies to help children navigate loss. The webinar will provide practical guidance for parents, caregivers and educators on how to support children through grief. Learn age-appropriate ways to talk about death, build resilience, manage challenges, create safe spaces and care for yourself as a supporter. You're welcome to submit questions in advance via the registration form and we'll aim to answer them during the session. Register here

Is My Child Really Resilient?: How do we know our children are resilient and how can we empower them to have confidence in their own actions and thinking? Join Dr Kathy Weston to hear the small steps we can take that can make a tremendous difference in our children's lives. Register here