# e - Bulletin



Week ending 24 May 2024



## Next week, after half term- Week 1/A

Attendance reporting procedures Please report children's absence by 08:30 each morning using our <u>online google form</u> which can also be found on the school website. This form should also be used to report future absence e.g. dentist appointments.

## Safeguarding

We would like to take this opportunity to wish our students a safe and restful half term. Should you have any concerns during the holiday period please contact Children's Services on 03001234043.

## **Summer Chill**

Another huge well done to all our performers yesterday in the Summer Chill. Every year group was represented, from year 7 through to 13, and it was lovely to have a brief break from the business of exam season.

## **KS3 Photography Competition**

We had almost 100 photographs entered for the Photography Competition this year and the entries were of a very high standard.

Judging them was far from easy but....the results are as follows:

Y7 Winner: Jessica T 'Yellow Spring Fields'

Y8 Winner: Alice B 'Solitary Statue'

Y9 Winner: Eleanor G 'Dandelion with dog in background'

And the runners up are:

Y7:Xara D, George D, Noah S

Y8: Izzy N

Y9: Isla C

Many congratulations to everyone who took part in this competition.



#### Character

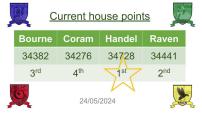
This week, we continue our focus on resilience, an essential trait that empowers us to bounce back from challenges and setbacks. We've explored its significance in various contexts, highlighting how resilience helps us navigate academic pressures, personal struggles, and everyday obstacles. Additionally, we've introduced the concept of anti-fragility. Unlike resilience, which aims to recover from difficulties, antifragility goes a step further by thriving and growing stronger in the face of adversity.

## **Key Dates**

- 27 May: Half Term
- 6 June: Silver DofE Practice Expedition
- 10 June: Y10 Work Experience Week
- 29 June: Summer Concert

## Next Week <u>Spring</u> Lunch Menu: Week 1

## House Points



## Vacancies

- <u>Cover Supervisor</u>
- Science Technician

# NHS Talking Therapies-Care for carers webinars

The Hertfordshire & Mid Essex Talking Therapies and Hertfordshire SEND Local Offer invite parents/carers of children and young people with SEND to 2 free webinars about emotional wellbeing support:

NHS Therapies: <u>Carer for</u> <u>Carers webinar</u>

NHS Talking Therapies: Managing difficult emotions and building resilience webinar

## ASA News ASA 100 Club

This is a great way to raise money for Ashlyns with a chance to win a prize. Anyone can buy one or more numbers in our monthly draw. Each number is £2 per

### Careers

Safran (located in Pitstone, near Tring), have launched their Aerospace Apprenticeship intake for September 2024.

In Operations, the apprenticeship will provide the opportunity to learn a variety of manufacturing and assembly techniques to support our future operations activity and automation capabilities.

In Engineering, apprentices will be based within the Test & Means team and will learn a variety of practical skills to achieve the Development and Qualification of Safran products and systems.

To find out more and to apply please click here.

## **Activity Days**

Activity Days this year will be held on 17th-18th July with a range of activities for each year group. All parents/carers should have received a letter with the details of the activities, arrangements and costs for each of their children. Please contact your child's Head of Year with any further questions.

## **Student Achievement**

Well done to Myles D, Y8, who swam at the Watford Development Meet last weekend and received a bronze medal in his age category for his 200 Individual Medley.

## **Sports Results**

Y7 Cricket vs JFK	Won
U13 Boys Tennis vs Berkhamsted	Won
County League Athletics	U14B - 5th U14G - 2nd U16B - 4th U16G - 2nd
U13 & 15 Boys Tennis vs Aldenham	U13 - Won U15 - Lost

month or £24 a year, half of this money is used for 3 cash prizes and half to the ASA. You have to be in to win, so sign up today to be in the next draw. Email ASA100CLUB@gmail.com for more info.

Congratulations to the winners of the March draw:

1st prize - E Pritchard 2nd prize - F Thompson 3rd prize - K Galvin

# Ashlyns Festival

Saturday Night Fever - Tickets Now On Sale!

Celebrate the start of summer at our summer party, with a live band and DJ spinning your favourite tracks from the 70s and 80s. Photobooth and snacks. £12. Saturday 13th July

## Comedy & Curry Night -Friday 12th July

Tickets are selling fast for one of the best line-ups we've had so far, so grab them while you can. Tickets for both events here: https://www.jumblebee.co.uk/

ticket/fpgCVp2jqr

# Tooled Up at Ashlyns - resources from Dr Kathy Weston





Who Is There For Me?



This week is all about Feeling Safe. Safety for children means considering a whole range of needs and situations that arise as they move through their lives.

Parents think about the physical safety of their children all the time, from reminding them to be careful on the stairs to helping them cross the road! Take some time to read and share our <u>advice</u> on water safety and drowning prevention. As the warm months set in and more of us want to cool off in water, this information could be crucial.

We also want our children to stay safe online. Unsurprisingly, staying healthy and secure in the digital world are some of the most common concerns that parents bring to Tooled Up. Start with this <u>webinar</u> on Raising A Digital Detective: you'll find links there to a wealth of other Tooled Up resources.

This new <u>video</u> from Dr Kathy Weston on Raising Boys in the Digital Space contains our most up-to-date advice about smartphones, online safety and more. We want to share this information with all parents due to the increased prevalence of "sextortion" amongst boys. And look out for our upcoming resource on raising girls in the digital space, coming soon!

For younger children, learning to stay safe means learning about how to interact safely with others: where to draw boundaries with friends and adults alike, and how to react when those boundaries are crossed. Try this helpful <u>article</u> on the difference between "secrets" and "surprises": when should children agree to keep a secret with an adult, and when is it better to tell another trusted person? This <u>video</u> suggests ways to introduce the idea of body boundaries to young children, and this <u>activity</u> helps equip children to say no to unwanted touch.

We want to support teenagers to have healthy, respectful and safe relationships. This <u>article</u> on healthy and unhealthy behaviour in teen relationships gives a great overview of a difficult subject. This <u>talk</u> by Dr Emily Setty stems from her research into teenage relationships and gender attitudes, and is from our recent conference on Keeping Children And Young People Safe.

Finally, all young people benefit from knowing where support is available. Our activity <u>Who Is There For Me?</u> encourages older children to think about where they can go for help, and who the trusted people are that they can talk to. Younger children can be encouraged to identify their support network with our <u>Helping Hand activity</u>.