

e - Bulletin

Number 18

Week ending 19 Jan 2024

Next week- Week 2/B

Attendance reporting procedures Please report children's absence by 08:30 each morning using our <u>online google form</u> which can also be found on the school website. This form should also be used to report future absence e.g. dentist appointments.

Safeguarding

Safer Internet Day is on Tuesday 6th February. Please see a <u>link</u> to some advice pages for parents to support meaningful conversations in this area.

Character

This week's assembly was taken by Mrs Gee, Head of Year 10, who spoke to students about Martin Luther King Day linking to our value of inclusivity.

Year 11 Raising Achievement Programme

Yesterday evening we welcomed more than a hundred Year 11 parents and carers to our Raising Achievement evening, where heads of subject talked through the content of the GCSE examinations and how to support students in their revision. This was a very successful evening with many parents and carers telling us how useful it was as they left; thank you both to the parents and carers who managed to attend and to our staff for giving up their time.

Ashlyns On Film - The Boys In The Boat

"The Boys in the Boat, directed by George Clooney and starring Callum Turner and Joel Edgerton, is based on the #1 New York Times bestselling non-fiction novel written by Daniel James Brown, about the 1936 University of Washington rowing team that competed for gold at the Summer Olympics in Berlin. This inspirational true story follows a group of underdogs at the height of the Great Depression as they are thrust into the spotlight and take on elite rivals from around the world."

We were thrilled that Ashlyns was used for some of the filming and proud that we were part of the storytelling. It was a pleasure to work with such a great film crew who were professional and friendly, and also took time to arrange a 'meet and greet' for some of our sixth form drama students with some of the supporting actors, who gave an honest insight into the world of filming. We cannot wait to see it on the big screen (and spot Ashlyns!)

Oaklands College Open Evenings

Oaklands College organises open events for prospective students to explore their campuses, meet the faculty, and learn about the courses offered at both their campuses. The Welwyn Garden City Campus event is being held on the 6 February 5pm-8pm and the St Albans campus event is being held on the 8 February 5pm-8pm. Further details can be found on the college's website.

Key Dates

2 Feb: ASA Quiz Night

5 Feb: ASA Meeting

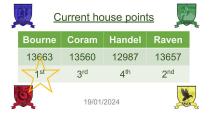
8 Feb: Y9 Options Evening

■ 15 Feb: Y9 Parent-Teacher Consultation Evening

19-23 Feb: Half Term

Next Week Winter Lunch Menu: Week 1

House Points



Communications

- Y11 Geography Field Trip
- Y11 Revision and Prom

Vacancies

- Head of PRE
- Teacher of Technology

HMS Music Lessons

If you wish to stop Music Lessons for the Summer Term please email SchoolsDirectInvoicing@hert fordshire.gov.uk by Monday 5th February or use this form to withdraw from lessons. If notice is given after this date, costs will be incurred.

If you wish to register for music lessons please go to HMS Music Lesson Registration

Any other queries regarding Music Tuition at Ashlyns School please email Mrs Marval at musictuition@ashlyns.herts.s ch.uk.

Charity Donations

Thank you to parents and students for your generosity in charitable contributions. This year and last year these include non-uniform days; Save the Children £2065.17, Red Nose Day Comic Relief £2065.17, The Swan Youth Project £2065.17. From Poppies made and sold by D&T students for The Royal British Legion £69.50. From donations at the Christmas Carol Concert Dec 23 £471.36 for Coram Foundation.

Sports Results

Y10 Basketball vs Hemel	Lost 57-14
U13B Girls Football vs Longdean	Drew 3-3
U15 Girls Football vs Tring	Lost 2-1
Y11A Netball vs Abbot's	Lost 18-14
U13A Girls Football vs STAGS	Won 1-0
Y7A&B Netball vs Abbot's	A - Lost 16-3 B - Lost 14-3
Y11 Boys Football vs JFK	Drew 2-2
Y8B Boys Football vs Tring	TBC

ASA News

Reminder - ASA Volunteers meeting – Monday 5 February, 7pm in the LRC. Please come along and see if you can support the ASA.

Quiz Night – 2 February

If you are coming to the quiz, can you buy or make a cake or pudding for this event? If homemade, we kindly ask for a list of ingredients too (ASA@ashlyns.herts.sch.uk).

COMEDY & CURRY NIGHT - Friday 15th March

SAVE THE DATE - line-up + ticket info coming soon. Like and follow our Facebook and Instagram pages to be sure of getting your tickets when they go on sale as this event is always a sell-out!

facebook.com/ashlynsfesti val instagram.com/ashlyns_fe stival/

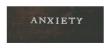
ASA 100 Club

This is a great way to raise money for Ashlyns with a chance to win a prize. Anyone can buy one or more numbers in our monthly draw. Each number is £2 per month or £24 a year, half of this money is used for 3 cash prizes and half to the ASA. You have to be in to win, so sign up today to be in the next draw. Email ASA100CLUB@gmail.com for more info.

Congratulations to the winners of the October draw:

1st prize - J Barrett 2nd prize - S Bird 3rd prize - L Watson

Tooled Up at Ashlyns - resources from Dr Kathy Weston







Quick Guide to Anxiety

Neurodiversity

One thing about parenting: it is a journey! When every day throws up new questions and challenges, from friendship groups to body changes to exam stress, it can feel like one has to become an instant expert in a whole new field every day.

That's where Tooled Up comes into its own. One hundred schools and organisations subscribe to access our platform, and we receive a vast range of parenting questions every week. In response, to date, we have created nearly 800 resources on a huge range of topics.

Ever wondered what other parents have asked our research team? Our <u>A-Z of Frequently Asked Parenting</u> <u>Questions</u> gives a great overview of the most common questions and concerns that parents put to Tooled Up.

If you ever feel overwhelmed by the amount of content on our site, use our quick guides for an easy-to-digest overview of some of our most popular subjects. Each guide links to different Tooled Up resources available to you. Here are some of the most popular:

Our <u>Quick Guide to Neurodiversity</u> offers key terms for beginning to navigate autism, ADHD, OCD and more, with links to expert panels, conference recordings and support resources.

We have a <u>Quick Guide to Anxiety</u> which helps with identifying the symptoms of anxiety, starting points for parents to help, and links to our many resources on coping strategies and staying calm. Our <u>Guide to Self-Harm</u> contains resources to help you give optimal support to children and young people.

Emotional Literacy refers to our ability to recognise our emotions, and the strategies we use to cope with difficult feelings. Our <u>Quick Guide to Emotional Literacy</u> gives you some tangible ideas for promoting emotional literacy within family life. Many of these tips are just as useful for adults!

For parents of teenagers trying to keep up with the range of substances available to to them at parties, on social media or through peer groups, our partnership with the with drug education charity The DSM Foundation has led to guides on energy drinks, alcohol, vaping, cannabis, nitrous oxide, as well as cocaine, MDMA and ketamine.

Remember, "it takes a village to raise a child" so thank you for allowing us to support you!