



Next week- Week 2/B

Attendance reporting procedures Please report children's absence by 08:30 each morning using our [online google form](#) which can also be found on the school website. This form should also be used to report future absence e.g. dentist appointments.

Safeguarding

Trauma has an exceptionally powerful impact on people. When it occurs to children it can follow them into adulthood and can impact upon their emotional development, educational performance and their ability to function in the social environment in which we all live.

The UK Trauma Council has a plethora of excellent resources designed to support those suffering trauma. If interested please follow the link below:

<https://uktraumacouncil.org/resources>

Year 7 LRC Great British Book Bake Off

On Monday 13 November we are hosting our popular Year 7 Great British Book Bake Off event for students to create a cake in the shape of their favourite book either in the form of a character, book cover or a scene. Cakes can be in any form including cupcakes, biscuits, traybakes etc. All cakes must be nut-free please.

Cakes need to be delivered to the LRC before registration on the day of the event. The judging will take place in the morning with the prize giving taking place at lunchtime. We would be grateful if all cake tins/boxes have the students name clearly marked in order that we can reunite the cake with the box at the end of the day ready for collection.

This event is always a highlight of the year and we are really looking forward to seeing our students' creations. *Ready, steady, bake!*

Maths Week England 13 - 17 November 2023

Year 7 and 8 students will be taking part in a maths themed Teacher Treasure Hunt throughout the week. Year 9 and 10 students will have an interesting maths puzzle or problem on their Google Classroom to solve. Students will have the opportunity to gain merits and house points for completing their activities!

Autumn Chill

Our first concert of the year is on Wednesday 15 November in the Chapel at 7.00pm. Tickets are £2 at the door. This is always a highlight in the calendar and a fantastic opportunity to hear our talented students perform.

World Challenge Fundraising Opportunities

To support our World Challenge students, we have posted some information on their google classroom outlining opportunities for fundraising with the relevant contact details. Please encourage your child to have a look and sign up. The first event is the Ashlyns Craft Fair on Sunday 19th November, where we have a space available for 8 students to work as a team - the deadline to apply is Monday 13th November.

Key Dates

- 15 Nov: Autumn Chill Concert
- 16 Nov: ELD
- 19 Nov: Craft Fair
- 20 Nov: Y11 Trial Exams
- 24 Nov: Occasional Day, School closed
- 27 Nov: Inset Day, School closed to students

Communications

- [A Level Drama Trip](#)
- [Ofsted Report](#)

Next Week [Winter Lunch Menu](#): Week 3

House Points

Current house points			
Bourne	Coram	Handel	Raven
2759	2673	2595	2320
1 st	2 nd	3 rd	4 th
10/11/2023			

Herts Haven Cafe

Herts Haven Café is a new drop in session to help with young people's emotional wellbeing, running from the Quaker meeting house in Hemel Hempstead. Please click [here](#) for more information.

DSPL8

Please visit the [Facebook Page](#) and [Instagram Page](#) for news about courses, workshops and support available in the local area.

HMS Music Lessons

If you wish to register for music lessons please go to [HMS Music Lesson Registration](#)

Year 11 Raising Achievement

As the trials approach we advise that:

To prepare for their trial examinations, students should be continuing to work through an independent revision timetable at home. We would suggest at least two hours per day on home learning and revision during this time. Guidance has been given in class and via google classroom around what topics to cover as well as the topic list being sent home. Please encourage your child to visit Mr Roberts or Mr McDonald at session 6 for support with revision. These sessions run in the LRC, Monday to Thursday, 3.20-4.20pm. Session 6 does not run during the trials period itself.

Session 6 Leaderboard (Autumn Term)

1. Nicole B - 28 sessions
2. Joseph R - 25 Sessions
3. Isla L-J/ Soraya A/ Zaineb K - 23 Sessions
4. Emily J/ Jack HDB - 21 Sessions
5. Lauren L/ Evie C/ Alfie H - 20 Sessions

Character Programme

Next week we continue our focus on the school value of integrity with a specific focus over the next two weeks on empathy. Empathy can be defined as *'being able to understand the thoughts and feelings of another person and to put yourself in their position.'*

Next week in particular this will be linked to Remembrance Sunday which takes place on Sunday 12th November. In assembly we will discuss the character virtue of empathy and will spend time reflecting on those in the armed forces and their families who have lost their lives as a result of conflicts across the world.

Careers

We look forward to welcoming a host of inspiring employers from a variety of industries as well as guest speakers on our Extended Learning Day on the 16th November who will be mostly working with students in years 9 and 10.

A reminder to year 10 parents that a letter has gone home about supporting your child to prepare their CV so that it is ready for their mock interview day on Monday 11th December.

Sports Results

Y10 Boys Football vs Queens	Lost 6-1
Y7 Boys Rugby vs Longdean	Won
Y7 Boys Football vs Hemel	Won
Y9A&B Netball vs Abbot's	A - Won 25-8 B - Won 11-2
Y7 Boys Rugby vs Adeyfield	Won 10-2
U16 District Table Tennis	District Champions
Y7&8 District Cross Country	Y8 Girls - 2nd Y7 Boys - 1st Eimer M & Kitty P - 1st
Y7B Boys Football vs KLS	Won 2-1
U13 Girls Football vs John Warner	Won 9-0

Music Timetables can be found on the Music Block Notice Board and on Google Classroom

Code: nq4d5yw. It is the student's responsibility to check lesson times to ensure they attend.

Any music lesson queries please email Mrs Marval at musictuition@ashlyns.herts.sch.uk.

ASA News

Donations and Hamper Raffle Tickets

The ASA are continuing to collect donations to support the Christmas Hamper Raffle, the Chocolate and Bottle Tombola (part of the Towns Festival of Light celebrations) and also Mince Pies and Mulled Wine for the Carol Concert refreshments. Please dig deep and make whatever donations you can as this massively helps our fundraising efforts. Please also note that raffle tickets can now be purchased so you can be in with a chance to win one (or two) of our Christmas Hampers.

Please see the [attached flyer](#) which gives you details of hamper themes, raffle ticket purchase and drop off locations

Craft Fair

Polite reminder: Please sign up if you can spare an hour or two to help at the Craft Fair if you have not already done so

<https://www.signupgenius.com/go/60B0C45AAAF2EA3FA7-45095472-ashlyns>

Please also note that we are now taking donations of home made or donated cakes (no nuts, list of ingredients required and gluten free options welcome) to be sold at our craft fair on the 19th November. Donations can be made upto

U18 Boys Football vs KLS	Lost 3-0
Y9&10 District Cross Country	Y9/10 Girls - 3rd Freya W - 2nd
Y10 Boys Football vs Laureate	Won 4-2
Y8B Boys Football vs Latymer	Won 6-1
U13 District Table Tennis	Boys - 2nd Girls - District Champions
Y10 Netball vs Abbot's	Won 24-6
Y8A Boys Football vs Queens	TBC
U16 Girls Football vs Croxley Danes	TBC



the 18th November and should be emailed to asa@ashlyns.herts.sch.uk to arrange collection or drop off

As always, a huge thank you from the ASA for all your help and support

ELD - Thursday 16th November 2023

Our ELD for all students will take place on Thursday 16 November. Some instructions and guidance for each year group is below:

Year 7 - creative arts

Will be completing a day focused on the creative arts in the school. All Year 7 students should come to school in their PE kit, a fully charged Chromebook and earphones. Any students needing to borrow a Chromebook should do so before Registration.

Year 8 - Trip to Natural History Museum and V&A

Will be visiting the Natural History Museum and V&A. Students need to meet in the chapel for registration. They need to wear school uniform and bring a packed lunch, there is no opportunity to purchase food at the museums. Depending on timing, students may have the chance to have a short visit at the Natural History Museum shop but they should bring no more than £15 with them for this. Depending on traffic, students will return to school at around 4.30pm.

Year 9 - Careers

This exciting day has a careers focus with students attending guest speaker presentations from a variety of sectors, participating in a mock Assessment Centre, learning financial management skills and working with the Royal Navy to develop leadership and employability skills.

The Royal Navy sessions will take place in the Sports Hall and students will need their trainers to change into. I would be grateful if you could remind your child to pack their trainers the night before the event in order that they can participate in the activity.

Year 10 - PSHE and preparation for work experience

The theme of the day is two-fold. The careers element of the day is to help prepare students for their mock interviews on 11th December where they will be required to bring their CV with them to their interview with an employer. The interview session on ELD is aimed to help them feel confident and ready to partake in what will be for most students their first ever interview experience. The second part of the day is PSHE-based and will explore topics including the dangers of drugs and alcohol, as well as safe relationships and contraception.

Year 11 - English production and revision

The Globe Players will deliver two productions of 'A Christmas Carol' and 'Macbeth' to Year 11 students on ELD. Targeted revision sessions on both these texts will also be run on the day.

Year 12 - Independent Research at Museums

Year 12 have chosen one of nine museums to attend either in London or locally to complete an independent research project. Students must make their own travel arrangements and register with the allocated member of staff at their chosen museum/gallery at 11.00am and again at 2.30pm before they make their way home. Students will need to make their own arrangements for lunch, or bring a packed lunch with them.

Year 13 - Future pathways preparation

This day will focus on helping students prepare for future pathways once they have left Ashlyns. Students will work on UCAS, careers and apprenticeship applications on the day.

Tooled Up at Ashlyns - resources from Dr Kathy Weston



[Guide to Emotional Literacy](#)



[Coping Menu](#)



[Supporting Children's Anger](#)

Learning to notice, name and manage our emotions is an important part of growing up. Over the years in Tooled Up, by examining available research and talking to experts, we have learned that how we talk about emotions in family life matters. By modelling our language and behaviour to children, we equip them for life. We need coping strategies, as do our children, for navigating the ups and downs of everyday experiences.

We have so much content on emotional literacy within Tooled Up that we have summarised our resources in one [easy guide](#). Our [mood thermometer](#) can be used directly with children to ignite conversations around different moods, and our [coping menu](#) is a brilliant toolkit of strategies that the whole family can lean into.

Tooled Up hosts a wealth of material to support you in dealing with more extreme emotions. If you want to hear more about supporting children's anger, tune in to our [webinar](#) with clinician Dr Anna Colton. If you have younger children, relish advice on [meltdowns](#) from expert Kerry Murphy.

If you feel that your teen is suffering from low moods and you are concerned, listen to what [Professor Shirley Reynolds](#) has to say on what differentiates low mood from teenage depression.

Did you know that sleep is a window into mental health? Increasingly, research indicates that poor quality sleep can impact children's mood, learning, concentration in school and ability to regulate emotions. [Explore](#) our wide range of sleep resources, and perhaps this weekend try out our [sleep audit](#) with your children and see which changes can be made for the better!

When your family wakes up, read through our [breakfast resource](#) to learn more about just how much this early morning meal matters for the day ahead and can also influence how our children cope with daily pressures and emotional challenges.