

# e - Bulletin

Number 38

Week ending 07 July 2023

#### Next week- Week 2

**Attendance reporting procedures** Please report children's absence by 08:30 each morning using our <u>online google form</u> which can also be found on the school website. This form should also be used to report future absence e.g. dentist appointments.

## Safeguarding

Please find a link to <u>Dacorum Family Services' Summer newsletter</u> giving hints, tips and opportunities for the summer break.

#### **Year 6 Transition Day**

We were delighted to welcome our new Year 7 students yesterday. They had a taste of life as an Ashlyns student, met their new form groups and form tutors, experienced lessons, and started to find their way around the school! Current Year 7 students acted as 'buddies' and were great ambassadors of the school and our Student Leadership Programme.

#### Year 13 Leavers' Celebration

Monday night saw the first of our two Leavers' Celebrations this week, with the Year 13 reception for parents and students, before the students departed for their Prom. It was lovely to celebrate with this year group and to mark the end of their time at Ashlyns; we are sorry to see them go but we are very excited for their futures.

#### **Year 11 Prom**

Thursday night brought the second of the leavers' celebrations as we marked the end of school for our Year 11 students. They arrived in style in a variety of vehicles and enjoyed a photo booth, live band and DJ. A fantastic night was had by all.

#### **Summer Concert**

Thank you to all students who performed in the extravaganza last weekend. It was wonderful to see so many students involved and such a wide range of pieces showcased. There were many wonderful individual and group performances - congratulations to everyone.

## **Sports Day**

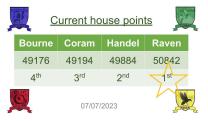
We are looking forward to Sports Day on 11th July; this is always a highlight of the school calendar. Students should come to school in black sports shorts, skort, leggings or tracksuit trousers, with either their PE top or a T shirt in their house colour. They will be outside, so should dress appropriately and be prepared for any unpredictable weather, including water bottle, sun cream, hat, and layers in case of rain. All students are expected to take part in at least one athletics event, two house multi-sport activities, and to be encouraging and motivating to others when not participating themselves. Please note that there are no spectators at any point during the day, for safeguarding reasons.

#### **Key Dates**

- 7 July: Silver Assessed DofE Expedition
- 10 July: Y12 Work Experience Week
- 11 July: Sports Day
- 12/13 July: 'A Midsummer Night's Dream'
- 14/15 July: Ashlyns Festival
- 17/18 July: Activity Days
- 19 July: Last Day of Term12.30 finish
- 19 July: Non-uniform Day

# Next Week Lunch Menu: Week 3

#### **House Points**



#### **Attendance**

Forms with the highest attendance week ending 30 Jun:

7R1 96%

8B2 98%

9H1 97%

10H1 98%

#### **Vacancies**

Support Staff:

■ Teaching Assistant

#### **HMS Music Lessons**

Discount applications for financial support for music lessons are open for new students with a Hertfordshire Music Service (HMS) teacher in September 2023 – July 2024.

More information and to make an application please go to

#### **First Give**

Ashlyns School's Year 9 students have demonstrated exceptional community spirit and empathy by raising over £2,000 for local charities through the First Give social action charity programme. Each form group championed a different charity, with Group 9B2, comprising Tirion, Zara, Alice, and Matilda, winning a £1,000 grant for their chosen charity, The Ollie Foundation, during the School



Final. We are immensely proud of all the students' commitment to making a positive impact in their community, epitomising the core values of social responsibility and community engagement that we uphold at Ashlyns School.

#### LRC Competition

Congratulations to Brooke L, the winner of our recent competition to design a badge celebrating LGBT+ History Month. Brooke's design has been submitted to the national competition organised by Schools OUT, the winner of which will be made into a badge and sold across the UK next year.



#### Careers in the NHS

As part of the NHS 75th anniversary celebrations, this week we welcomed Bucks NHS Healthcare Trust who delivered a careers presentation to our students. As the UK's biggest employer with over 350+ clinical and non-clinical roles, the presentation focused on the skills and values needed to work in the NHS and how students can demonstrate these through volunteering, work experience and school leadership opportunities. If students are interested in finding out more, they can visit events.health careers.nhs.uk to sign up for their guide to an NHS career.

#### The Ashlyns Festival

# Friday 14th (Comedy & Curry Night - with TV stars Paul Sinha and Scott Bennett) and Saturday 15th (The Festival)

Only a week to go before we host this huge fundraiser for our school community, the whole of Berkhamsted and beyond!

We have a great line-up of musicians for Saturday, a fully-licensed bar, a wonderful array of food from local businesses, a Glow-Up tent run by professional MUAs, and an action-packed activity area with inflatable fun, jeep-driving, and a story-telling tent (where you might just hear a well-known voice from a much-loved TV show!) - see <a href="flyer attached">flyer attached</a>, visit our website (<a href="https://ashlynsfestival.co.uk/">https://ashlynsfestival.co.uk/</a>)

#### We need your support

There are two ways you can support this event, one of our biggest, which has been organised by a very small team of ASA volunteers:

**Buy a Ticket** - EARLY BIRD TICKETS CLOSE TODAY - so make sure you grab a bargain and buy your tickets today. Advance tickets at a higher price go on sale tomorrow.

**Volunteer** - We cannot run this event safely without the help of our wonderful volunteers, so please sign-up <u>here</u> - THERE ARE MANY SLOTS LEFT TO FILL. Thank you, from the Festival Team.

# <u>Financial Support for Music</u> <u>Lessons</u>

You must have funding agreed before registering for lessons here.

# Dacorum Mental Health Support Team

Please click here for information about free activities for young people with additional needs across Dacorum, and here and here for some HAPpy summer project leaflets. Bookings for these and many more are now open.

# 'A Midsummer Night's Dream'

The cast of our summer production, 'A Midsummer Night's Dream' are hard at work with the Drama department rehearsing the play. It takes place on 12th and 13th July at 6.30; tickets are available via ParentPay.

## **Futsal Achievement**

Well done to Y8 students May E and Marianne G who return from the Costa Blanca Futsal Cup as U14 champions for Bloomsbury Futsal Club, playing international teams along the way



# **Sports Results**

Y8 Cricket County Semi-Final vs Parmiters	Won
District Sports Athletics	Y7 Girls - 3rd Y7 Boys - 6th Y8 Girls - 4th Y8 Boys - 6th Y9 Girls - 4th Y9 Boys - 8th Y10 Girls - 5th Y10 Boys - 5th
Y7 Cricket vs JFK	TBC

#### **ASA News**

# Bags2School

Thank you to everyone who donated. Our collection was taken today. We will let you know the total raised once it has been weighed.

# **Tooled Up** at Ashlyns - resources from Dr Kathy Weston







Calming Mindfulness Apps for Children and Teens



Connecting with Our Children Whilst Living High Stress Lifestyles

It's World Wellbeing Week, a special time to focus on the various aspects of wellbeing that contribute to our happiness and success. In today's fast-paced world, the importance of wellbeing in our lives and our children's lives can't be emphasised enough, which is why we have a <u>range of wellbeing resources</u> available in our Tooled Up library.

**Books and Resources for Children's Mental Health** 

Navigating the vast sea of books and resources to support your child's mental health can be overwhelming. That's why we've <a href="handpicked">handpicked</a> some highly recommended options and organised them into easily digestible sections. From inspiring fiction that cultivates a positive mindset to practical workbooks, we have something for every young mind.

Mindfulness Apps for Peaceful Minds

Mindfulness apps can be valuable tools in helping children and teens improve their wellbeing. With numerous options available, we've compiled a <u>list</u> of evidence-based examples that can aid better sleep and effective coping with challenging emotions.

**Expert Q&A: Building Meaningful Connections** 

Watch an <u>insightful Q&A</u> session featuring Dr Gauri Seth, a psychiatrist and parent coach, in conversation with Dr Weston. They will delve into strategies for sustaining emotionally deep and meaningful connections with our children, even amidst our busy and stressful lives.

**Happiness Checklist for All Ages** 

Our <u>happiness checklist</u> is a wonderful tool for children and young people of all ages. They can assess each statement and use any that don't resonate with them as a starting point for family discussions. It's a fantastic way to foster open communication and promote understanding of each other's emotions and needs.

Mindful Drawing Ideas for Calm Moments

In collaboration with mindful drawing teacher Fiona Meakin, we're delighted to offer you a collection of top drawing ideas. Engaging in drawing, painting, or any creative activity can be incredibly calming and soothing for both children and adults. These ideas are perfect for those moments when you or your child need a little extra calm, or simply on a rainy day.