# e - Bulletin



Week ending 30 June 2023

## Next week- Week 1

SHI VNS SCHOOL

**Attendance reporting procedures** Please report children's absence by 08:30 each morning using our <u>online google form</u> which can also be found on the school website. This form should also be used to report future absence e.g. dentist appointments.

## **Industrial Action**

As previously communicated, on Wednesday 05 July only students in the following year groups should attend school:

- Year 12 (lessons only)
- Year 10

On Friday 07 July only students in the following year groups should attend school:

- Year 12 (lessons only)
- Year 7

#### Safeguarding

Please find a <u>resource</u> that supports parents with issues regarding sexting. Please also find a <u>SEND version</u>.

#### 6th Form Induction Day

Yesterday saw many of our applicants for sixth form, both from Ashlyns and from other schools, attend our Year 11 into 12 Induction Day. Students experienced a taste of life as a sixth former, including sessions for some of the subjects they have applied to do in our sixth form.

## 'A Midsummer Night's Dream'

The cast of our summer production, 'A Midsummer Night's Dream' are hard at work with the Drama department rehearsing the play. It takes place on 12th and 13th July at 6.30; tickets are available via ParentPay.

#### Girls' County Cup Cricket Final

Ashlyns U13 Girls Cricket team competed in the County Cup competition for the first time this year. As the only state school in the competition, we faced some tough opponents in Bishop's Stortford College and St Albans High School in our campaign and eventually faced local rivals, Berkhamsted School, in the final on Thursday. The girls, captained by Martha R, fielded well and kept Berkhamsted's score to 111. Despite Daisy T carrying her bat through the innings, the opposition's fierce bowling prevailed and Ashlyns finished runners up in the competition. Congratulations to all the girls who played in the competition this year; you have been a credit to yourselves and the school and we are incredibly proud of what you have achieved.



#### **Key Dates**

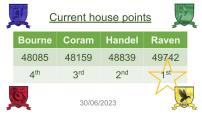
- 6 July: Y11 Prom
- 7 July: Silver Assessed DofE Expedition
- 10 July: Y12 Work Experience Week
- 11 July: Sports Day
- 12/ 13 July: 'A Midsummer Night's Dream'
- 14/15 July: Ashlyns Festival
- 17/18 July: Activity Days
- 19 July: Last Day of Term/Non-Uniform Day

## Communications

Industrial Action

## Next Week Lunch Menu: Week 2

## **House Points**



#### Attendance

Forms with the highest attendance week ending 23 Jun: 7H2 99% 8H2 97% 9H2 97% 10H2 96%

## Vacancies

Support Staff:

- <u>Cover Supervisor</u>
- Teaching Assistant

#### ASA News

#### Bag2School - Reminder

We have another collection scheduled for early July. Please drop bags off either at

## **Character Theme of the Week**

This week's character theme of the week was Respect. Respect can be defined as having regard for others and valuing them non-instrumentally as people. Students explored this character virtue within assemblies this week and had the opportunity to reflect on respect in a practical sense during tutor time activities.

## **Cedric Sharpley Drumming Bursary**

Congratulations to Ethan M (Yr10) and Daisy T (Yr8) who are the successful applicants of the Cedric Sharpley Drumming Bursary. There were 15 brilliant applications and it was a very difficult decision for Ms Mabey. However, she wishes all the applicants luck in their onward drumming future and would encourage you to apply again next year if still interested.

## Careers in 3D Games Art & Design

The University of Hertfordshire gave a presentation this week to students interested in careers in animation, visual effects, games design, comics and concept art. The informative session included inspiring examples of student work including animation sequences, environment and character design. Lots of great advice was given on how to practise artistic and technical skills along with recommendations on what work to include in a portfolio presentation.

## **Charity Cake Sale**

Thank you to all the Year 10 students who have brought in baked goods and all the students and families who have made a purchase and a donation. We have raised £450.20 to support Ukraine. Miss Holmes was the winner of the wonderful three tier chocolate cake made by Year 10 student Sophie. Thank you Sophie for such a fantastic raffle prize.

# **Sports Results**

Y8&9 Boys Tennis - Nicola Mabbitt	Y8 - 5th Y9 - 4th
Y9&10 District Rounders Tournament	Y9 - 1st and 3rd Y10 - 3rd and 4th
Y7 Cricket vs Hemel	Won
Y7&8 Boys Tennis vs Sandringham	ТВС
U13 Girls County Cricket Final vs Berkhamsted	Runners Up

## **HMS Music Lessons**

Discount applications for financial support for music lessons are open for new students with a Hertfordshire Music Service (HMS) teacher in September 2023 – July 2024.

More information and to make an application please go to Financial Support for an Music Lessons

You must have funding agreed before registering for lessons here.

school or at 30 Oakwood between 26 June and 6 July.

## ASA 100 Club

This is a great way to raise money for Ashlyns with a chance to win a prize. Anyone can buy one or more numbers in our monthly draw. Each number is £2 per month or £24 a year, half of this money is used for 3 cash prizes and half to the ASA. You have to be in to win, so sign up today to be in the next draw. Email ASA100CLUB@gmail.com for more info.

Congratulations to the winners of the May draw:

1st prize - H King 2nd prize - T Harris 3rd prize - J Parr

## Ashlyns Festival 2023 -LOTS OF NEW ADDITIONS!! DO NOT MISS!!

The team has been working really hard behind the scenes to bring you an amazing end of term event for 2023, and we need you all to support this huge fundraising endeavour that is open to the whole of Berkhamsted and raises funds for our students. **BUY TICKETS** - Comedy Night tickets are selling fast and there is a limit on numbers, so do not miss a

great line-up of Comedians including our headliner - Paul Sinha!!

And grab yourself a bargain with early-bird tickets for Saturday's Festival including an all-day pass for the FunZone.

**SIGN UP** - please use this link to sign up (students can also help in certain areas) we really cannot run this event without your generous help!

https://www.signupgenius.co

m/go/60B0C45AAAF2EA3FA 7-ashlyns4 LIKE, FOLLOW, SHARE our social media pages and posts - the more we share this event. the better!! You would also be supporting local charities and businesses, as well a great line-up of musicians (you may recognise some!) LIKE: facebook.com/ashlynsfesti val FOLLOW: instagram.com/ashlyns fes tival/ VISIT: www.ashlynsfestival.co.uk

# Tooled Up at Ashlyns - resources from Dr Kathy Weston







Calming Mindfulness Apps Children and Teens Connecting with Our Children Whilst Living High Stress Lifestyles

It's World Wellbeing Week, a special time to focus on the various aspects of wellbeing that contribute to our happiness and success. In today's fast-paced world, the importance of wellbeing in our lives and our children's lives can't be emphasised enough, which is why we have a <u>range of wellbeing resources</u> available in our Tooled Up library.

## Books and Resources for Children's Mental Health

Navigating the vast sea of books and resources to support your child's mental health can be overwhelming. That's why we've <u>handpicked</u> some highly recommended options and organised them into easily digestible sections. From inspiring fiction that cultivates a positive mindset to practical workbooks, we have something for every young mind.

## Mindfulness Apps for Peaceful Minds

Mindfulness apps can be valuable tools in helping children and teens improve their wellbeing. With numerous options available, we've compiled a <u>list</u> of evidence-based examples that can aid better sleep and effective coping with challenging emotions.

## Expert Q&A: Building Meaningful Connections

Watch an <u>insightful Q&A</u> session featuring Dr Gauri Seth, a psychiatrist and parent coach, in conversation with Dr Weston. They will delve into strategies for sustaining emotionally deep and meaningful connections with our children, even amidst our busy and stressful lives.

Happiness Checklist for All Ages

Our <u>happiness checklist</u> is a wonderful tool for children and young people of all ages. They can assess each statement and use any that don't resonate with them as a starting point for family discussions. It's a fantastic way to foster open communication and promote understanding of each other's emotions and needs.

Mindful Drawing Ideas for Calm Moments

In collaboration with mindful drawing teacher Fiona Meakin, we're delighted to offer you a collection of top <u>drawing ideas</u>. Engaging in drawing, painting, or any creative activity can be incredibly calming and soothing for both children and adults. These ideas are perfect for those moments when you or your child need a little extra calm, or simply on a rainy day.