

e - Bulletin

Number 27

Week ending 31 Mar 2023

Next week, after Easter - Week 1

Attendance reporting procedures Please report children's absence by 08:30 each morning using our <u>online google form</u> which can also be found on the school website. This form should also be used to report future absence e.g. dentist appointments.

Safeguarding

A reminder that students should not use mobile phones in school unless under the direct supervision of a staff member for teaching and learning purposes. This is for safeguarding reasons, and we appreciate parents' support in reiterating this over the holidays and when we return.

If you have a safeguarding concern, and are concerned that a child may be at risk of harm over the Easter break, please contact Children's Services directly on 0300 123 4043.

Assembly Theme

This week our rewards assemblies for Years 7-10 took place; it was a wonderful way to start the day each morning celebrating our students' many achievements, from number of merits to subject achievements to character awards.

Wellbeing Newsletter

Please click <u>here</u> for the Easter Wellbeing Newsletter, created by the Ashlyns' Sixth Form Wellbeing Ambassadors. There are lots of tips to manage wellbeing including film, music and activity suggestions.

Student Achievements

Well done to students Iris S, Y9, and Sofia S, Y7 who have been busy helping bake cakes to sell at cake sales at their mother's workplace throughout March. The cake sales have raised an incredible £920! The funds raised are being sent directly to the victims of the Earthquakes.

Careers in the RAF

The Royal Air Force performs a wide range of duties to serve and protect the UK and the world. On Tuesday 9 May the RAF will be visiting Ashlyns to talk about the variety of career roles available including aircrew, cyberspace, engineering, intelligence, logistics, medical and security opportunities. This event is open to students from Year 8-10 and if your child is interested in taking part, please discuss the opportunity and complete the form here to register your interest. The event will take place at 10am for one hour in the LRC and should the event be oversubscribed we will offer places via a ballot system.

HCT Children's Wellbeing Practitioners

Please click <u>here</u> for a list of events to help support children's wellbeing. There are workshops and courses ranging from Exam Stress to Supporting Your Child's Self-esteem.

Key Dates

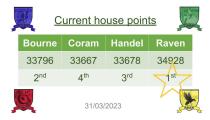
- 17 April: Start of School Term
- 18 April: Y10 Assessment Week
- 22/23 April: Y9 Bronze
 DofE Practice Expedition
- 27 April: Y8
 Parent-Teacher
 Consultation Evening
- 1 May: Bank Holiday
- 8 May: Coronation Bank Holiday

Communications

- End of Term Headtecher's Letter
- Y7 Activity Days
- Y8 PTCE

Next Week Lunch Menu: Week 1

House Points



Attendance

Forms with the highest attendance week ending 24 Mar:

7H2 100%

8H1 99% 9B2 97%

10H2 98%

11R2 95%

Vacancies

Teaching:

- Teacher of English
- Second in Science
- Head of Geography
- Teacher of Psychology
- Teacher of Science
- Teacher of ProductDesign/Food Technology

HMS Music Lessons

If you wish to stop Music Lessons for the Autumn Term please email SchoolsDirectInvoicing@hertfordshire.gov.uk by Monday 15th May.

If you wish to register for music lessons please go to HMS Music Lesson Registration

If you are in receipt of Free School Meals you are eligible to apply for Remission of Fees. Application must be made before registering for any lessons. Please click here for more information and to make an application.

School offers a Music Lesson Subsidy for any students taking GCSE or A' Level Senior KS5 For information please Mrs Music. more email Marval musictuition@ashlyns.herts.sch.uk.

Cost of Living Support

Please click here for a list of resources and support available with the cost of ASA News living.

Sports Results

U13B Girls Football vs KLS	Lost 6-2
Y7A Boys Football vs KLS	Lost 1-0
Y10B Boys Football vs JFK	Lost 2-0

- Teacher of Girl's PE (Possibility of PSHE) Support Staff:
- Premises Assistant
- Pupil Premium Administrator
- Clerk to the Governing Body
- Administrator/Attendance Officer
- KS5 Learning Mentor

Year 9 Silent Disco

A huge thank you to all the parents, staff and students who helped make this event such a success. It was great to see the year 9s together enjoying a fun social activity.

Ashlyns Festival - 14th and 15th July - pre-registration now open!

Pre-register now via our website to get the early-bird ticket deals when they go on general release:

ashlynsfestival.co.uk

Make sure you LIKE and FOLLOW our Facebook and <u>Instagram</u> pages

If you have or know a business interested sponsorship and support, please email ashlynsfestival@gmail.com

Tooled Up at Ashlyns - resources from Dr Kathy Weston











It's Autism Acceptance Week which is the perfect opportunity to remind you that our first-ever Online Autism Conference is closing in! The event is for anyone across our Tooled Up community who is interested in learning about great ways to support children and young people with autism. On April 21st, we'll be chatting to experts about optimal learning environments, autism and mental health, partnerships with parents and ambition, and much more as well as include 'lived experiences' from parents who advocate for their children and autistic people themselves.

It's also stress awareness month in April - a great time to think of all the proactive things we can do to recognise the signs of stress and consider all the things that can help us navigate it, manage it and reduce it to levels that don't feel overwhelming.

In the wake of this, we have two amazing webinars coming up that shine light on how to manage stress as a parent:

Stress Management for Busy Parents

Apr 28, 2023, 12:30PM BST

Clinical Psychologist, Dr Monica Thompson joins us for an extended webinar on stress management, aimed at parents who might be juggling a host of work, family or caring commitments. Dr Thompson will help us understand more about the aetiology of stress, provide evidence-based ideas for managing stress and answer all your 'live' questions live the day.

REGISTER NOW

Connecting with Our Children (whilst living high stress lifestyles)

May 9, 2023, 12:30PM BST

Join psychiatrist and parent coach Dr Gauri Seth for a dynamic chat with Dr Kathy Weston about how we can sustain emotionally deep and meaningful connections with our children whilst living busy, stressful lives.

REGISTER NOW

It's not just us parents who are in need of support during stressful times. Some of our teens might have started to anxiously prepare for their upcoming GCSE or A level exams. This can feel daunting for them, so nudging your teen to consider things that will help them to feel prepared can help lessen nerves and anxiety. This simple reflective sheet prompts them to unpick where they want to get and what they need to do to get there. Encourage your teen to use this sheet in conjunction with our exam planner that will help them keep track of all the key information they need in the run up to exam season. We also have various resources in the library on reducing anxiety in the run up to exam season.

Make sure to follow us on social media for more updates! You will find us on <u>Facebook</u>, <u>Instagram</u>, <u>Twitter</u> and even <u>LinkedIn</u>.