



September 2021

Dear Parent/Carer

Year 7 Parents' Information Evening: Tuesday 28 September - 6.45-8.45pm

We are delighted to invite you to the Year 7 Parents' Information Evening, which will comprise:

- Key information from Mr McDonald, Head of Year 7
- A talk from your child's Form Tutor
- A talk by Dr Kathy Weston to help your child be happy and successful in the coming years - *Helping Your Child Thrive at School: 10 of the best evidence-based tips.*

In her specially-commissioned talk, Dr Weston will give parents ten practical, evidence-based tips that will better enable their child to thrive at school. Her talk will cover:

- How to help teens aim higher and be motivated to work hard;
- The power of parents to boost children's academic outcomes;
- Factors that promote children's emotional, academic and digital resilience;
- Threats to our children's wellbeing and mental health;
- How to future-proof your child.

Dr Weston is one of the country's top motivational speakers in the area of parenting, family life and education. She holds a Law degree, Masters and PhD (University of Cambridge) in Criminology. After working in policy research for several years, Kathy went on to pursue a career within education research where she developed her particular interest in parental engagement in children's learning. She has co-authored "Engaging Parents" (Bloomsbury) for primary teachers and is currently working on an edition for secondary school teachers. She has a monthly parenting podcast called #GetaGrip and is regularly heard on BBC radio as an expert panellist. Read more about her work here: www.drkathyweston.com.

This event is for parents/carers only; we are mindful of the challenges still posed by the pandemic, particularly regarding large gatherings, and therefore at the current time we are only able to accommodate one parent per child, and parents will rotate across 3 well-ventilated large venues to minimise numbers in each talk.

In order for us to plan the evening, allowing sufficient space for all visitors, please could you complete this form by Friday 24 September to indicate or not you will be attending: [Year 7 Information Evening](#)

Please note that there is plenty of car parking available at the rear of the school for all events which take place outside normal school hours. There is access through the school from both car parks, so you do not need to walk all the way around the building. It is strictly prohibited to park on the driveway, footpaths, verges or grassed areas as we must ensure that we keep a good traffic flow, always have access for emergency vehicles and do not damage our grassed areas. We would ask you to please help us by abiding by these requests. We look forward to seeing you on 28 September.

Yours sincerely

A handwritten signature in black ink, appearing to read 'H Khalil', written in a cursive style.

Mr H Khalil
Assistant Headteacher