



November 2019

Dear Parent/Carer

## **Year 7 Parents' Information Evening: Thursday 21 November - 6.45-8.00pm in the Chapel**

We are delighted to invite you to the Year 7 Parents' Information Evening, which will comprise:

- Key information from Mr McDonald, Head of Year 7
- A talk by Dr Kathy Weston to help your child be happy and successful in the coming years - *Helping Your Child Thrive at School: 10 of the best evidence-based tips.*

In this specially commissioned talk, Dr Weston will give parents ten practical, evidence-based tips that will better enable their child to thrive at school. Her talk will cover:

- How to help teens aim higher and be motivated to work hard;
- The power of parents to boost children's academic outcomes;
- Factors that promote children's emotional, academic and digital resilience;
- Threats to our children's wellbeing and mental health;
- How to future-proof your child.

Dr Weston is one of the country's top motivational speakers in the area of parenting, family life and education. She holds a Law degree, Masters and PhD (University of Cambridge) in Criminology. After working in policy research for several years, Kathy went on to pursue a career within education research where she developed her particular interest in parental engagement in children's learning. She has co-authored "Engaging Parents" (Bloomsbury) for primary teachers and is currently working on an edition for secondary school teachers. She has a monthly parenting podcast called #GetaGrip and is regularly heard on BBC radio as an expert panellist. Read more about her work here: [www.drkathyweston.com](http://www.drkathyweston.com)

For any Year 7 parents with individual questions about attendance procedures and advice, our Attendance Officer, Mrs Clare Wise, will also be available in the main reception area before and after the evening's talk.

Please note that there is plenty of car parking available at the rear of the school for all events which take place outside normal school hours. There is access through the school from both car parks, so you do not need to walk all the way around the building. It is strictly prohibited to park on the driveway, footpaths, verges or grassed areas as we must ensure that we keep a good traffic flow, always have access for emergency vehicles and do not damage our grassed areas. We would ask you to please help us by abiding by these requests.

We look forward to seeing you on 21 November.

Yours sincerely

A handwritten signature in black ink, appearing to read 'R Peters', with a horizontal line underneath.

Mr R Peters  
Deputy Headteacher

A handwritten signature in black ink, appearing to read 'C McDonald', written in a cursive style.

Mr C McDonald  
Head of Year 7