

Remote Learning - support suggestions

We hope that the first week of remote learning has gone well. We realise that it takes a while to get into a routine and that supporting your child/children might be a daunting task at first.

Here are some suggestions which might help:

Be realistic about what you can do

- You are not expected to become a specialist in ten subject areas
- Remember, your children aren't used to learning like this
- Share the load if there are two of you
- Remember to take care of your own health and well being
- Experiment - this is likely to require a bit of trial and error

Try to create a routine

- Children are used to routines as part of their everyday school life
- If possible, involve them in setting up a routine/timetable
- Try to stick to the routine but recognise that it is likely you will need to be flexible on occasion
- Designate a working space/area
- Display the routine/timetable where it is visible for all to see
- Distinguish between weekdays and weekends

Try to start and finish each day with a simple check-in. These check-ins can be a regular part of each day. In the morning, ask:

- What are you learning today?
- What are your learning targets or goals?
- How will you be spending your time?
- What resources do you need? What support do you need?

In the afternoon, ask:

- What did you learn today?
- What was challenging? You could come up with a strategy to deal with the same problem if it comes up again.
- Consider three things that went well today. Why were they good?
- Are you ok? Do you need me to ask your teacher for something? Do you need help with something to make tomorrow more successful?

Regular check-ins throughout the day may also be appropriate. This depends on your child's needs.

These questions allow your child to:

- process the instructions they get from their teachers
- help them organise themselves and set priorities.

Other reminders:

- Make time for exercise
- Build in time for breaks

Please contact us via admin@ashlyns.herts.sch.uk if you have concerns about your son or daughter's engagement with the tasks.

Mrs Jones
Deputy Headteacher