



## Next Week– Week 2

A full calendar is available on our website  
School News and Notices

### Energy Drinks/AirPods

A reminder that energy drinks are not permitted in school. There are water fountains in the school, which students can use to refill bottles throughout the day.

We advise that students do not bring expensive items such as AirPods into school; headphones/ear pods should not be used on school grounds.

### Y11 Raising Achievement Evening

On Thursday evening, more than a hundred of our Year 11 parents attended a Raising Achievement evening, in which subjects gave presentations on the requirements and demands of the GCSE examinations, which are rapidly approaching, for Year 11 students. Subject teachers took parents through exam papers and gave guidance on how to help students revise at home. It was a very successful evening, and we hope parents found it useful. The presentations will be available next week.

### Learning Ambassadors

A group of our KS3 learning ambassadors visited Westfield Primary School on Wednesday to deliver a French lesson to Year 3. Our ambassadors were, as ever, wonderful representatives of Ashlyns, delivering an excellent lesson using 'The Hungry Caterpillar' in French. Both the learning ambassadors and the primary school students greatly enjoyed the lesson.

### Y11 Revision Sessions

Year 11 have been attending revision and study sessions in great numbers, giving up their lunchtimes (as can be seen in Mr Peters' ever popular Lit Lunch!) and staying late after school. The commitment of these students is really paying off in their preparation for the GCSE examinations, which are now only three months away. The full revision timetable is attached; please continue to support and encourage Year 11 students to drop into these sessions.



### Morning drop-off

Can we remind parents that the area in front of school is for drop off only, ready for students to be on-site by 8.35am, and that parents should not be driving onto the school site in the morning unless signing in for an arranged meeting or dropping off for medical reasons.

### Key dates:

- 13 February: Y9 GCSE Options Evening
- 14 February: Half Term

### This Week's Attachments

- Understanding ADHD Parent/Carer Course
- Y11 Revision Timetable

### Letters out:

- Y9 Options Booklet

### Attendance

Forms with the highest attendance week ending 24/01/2020:

7B1 98.71%  
8C2 97.67%  
9H2 97.33%  
10R2 98.46%  
11B1 98.71%

### Music Lesson Reminder

Deadline to stop Music Lessons at Easter is Friday 14th February at 12.00pm. If your child is in Yr 11 they will automatically stop their lessons at Easter unless you inform us you wish to continue to the May Half Term or to the end of the Summer Term. A letter has been sent out regarding this so, please return the slip as soon as possible.

Please notify Mrs Marval in the School Office, either by email to: [musictuition@ashlyns.herts.sch.uk](mailto:musictuition@ashlyns.herts.sch.uk) or in writing. **Please check you have a response confirming receipt of notice.**



### Current house points



Bourne	Coram	Handel	Raven
18456	20805	19059	18672
4 <sup>th</sup>	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>



31/01/2020



## SPORTS RESULTS

Date	Fixture	Result
<b>Mon 20 Jan</b>	Y8 A & C Netball V ABHS  Y8A Football V JFK	W 22-6, W 5-2 W 6-1
<b>Tues 21 Jan</b>	U18 Football V Tring	L 1-4
<b>Wed 22 Jan</b>	U18 Football V NBS U15 Girls' Football V JFK  District Trampoline	W 2-4 W 8-2  2nd
<b>Fri 24 Jan</b>	U18 Rugby V Rickmansworth	L 14-43



## Student of the Week

**w/c 27 January 2020**

### PE

Rebecca B, Y7  
Evie C, Y7  
Evie M, Y7  
Orla T, Y7  
Edie A, Y8  
Thea B, Y8  
Jess C, Y8  
Gracie L, Y8  
Leoni R, Y8  
Izzy L, Y9  
Alice O, Y9  
Margot R, Y9  
Annie W, Y10

### MATHS

Daisy B, Y9  
Vonda H, Y9  
Bailey W, Y10  
Beau E, Y11

### TECHNOLOGY

Robert M-C, Y7

### YEAR 8

Callum B  
Sophie W

### YEAR 10

Esme A  
Holly F  
Isabella M  
Sam R  
Aaron S

### YEAR 11

Rhea S

### YEAR 13

Lara G

**A free daytime course  
for parent/carers of children  
aged 5-14**

**Run by specialist  
ADHD/Autism Trainers  
from ADD-vance**



# **ADD-vance Understanding ADHD 6-week Course for Parent/Carers**

**This 6-week course is designed to meet the needs of parent/carers  
of children aged 5-14 years with a diagnosis or suspected diagnosis  
of ADHD**

**All sessions take place on Thursdays between 10 am - 12 pm  
on**

**30th January, 6th, 13th, 27th February  
5th, 12th March 2020**

**(all sessions must be attended)  
at**

**Little Hands and Little Feet Family Centre, Douglas Gardens,  
Berkhamsted HP4 3PE**

**For bookings, please book via Eventbrite:  
<https://add-vance-understanding-adhd-dacorum-spring-2020.eventbrite.co.uk>**

**Please note, this course is only open to Hertfordshire residents**

**Places are limited so please do book early to avoid disappointment**

## **ADD-vance**

**The ADD-vance ADHD and Autism Trust  
Working to support people with ADHD and Autism in Hertfordshire**

**Foundation House, 2-4 Forum Place, Hatfield, Hertfordshire AL10 0RN  
Helpdesk: 01727 833963 Email: [Herts@add-vance.org](mailto:Herts@add-vance.org)  
Web: [www.add-vance.org](http://www.add-vance.org) Reg. Charity No. 1158968**



**Who is this course for?**

Parent/carers of children aged 5-14 (or 4 and already in reception), with a diagnosis, or suspected diagnosis, of ADHD

**What will be covered by the course?**

Every course is bespoke to the needs of each group. Learning Outcomes may include:

- Understanding ADHD, related conditions and medication
- Developing emotional literacy
- Understanding and managing anxiety
- The dos and don'ts of rules and boundaries
- Understanding anxiety and developing strategies to manage and regulate emotions
- Understanding the importance of good self-esteem for both parents and young people and how to develop healthy self-esteem
- Managing the needs of siblings
- Education and how to advocate for your child

**When and where will the course take place?**

At the Little Hands and Little Feet Family Centre, Douglas Gardens,  
Berkhamsted HP4 3PE

On Thursdays from 30th January to 12th March 2020, 10 am to 12 pm

(No session during half term)

**How do I book a place?**

Please book via Eventbrite:

<https://add-vance-understanding-adhd-dacorum-spring-2020.eventbrite.co.uk>

Places are limited, so please do book early to avoid disappointment

Please contact Andrea at [bookings@add-vance.org](mailto:bookings@add-vance.org) with any queries

## GCSE 2019-2020

### Open Revision Sessions Timetable

Day	Lunchtime	After school
<b>Monday</b>	Art - F36  Product Design NEA - 63 / 67	Art - Week 1 - F36  Drama GCSE Component 3 - (Starts March 2nd after practical exam) - DR1  Music - MB1 3.30pm - 4.30pm  Maths Grade 5 knowledge, topics week by week - 88  Session 6 supervised study - LRC
<b>Tuesday</b>	GCSE PE Targeted catch up and extra revision  Product Design NEA - 63 / 67	GCSE PE Open Revision - 116 3:25pm - 4.25pm  Music - MB1 3.30pm - 4.30pm  Session 6 supervised study - LRC
<b>Wednesday</b>	English Literature drop in session - 119  Spanish - 109  GCSE CS Revision & Exam Support - F107  GCSE Geography targeted knowledge, stretch and challenge sessions - F92  Product Design NEA - 63 / 67  Business Studies - F68	GCSE CS Revision & Exam Support - F107  History - Content and exam question revision sessions - F82  Drama Comp 2 and Comp 3 rehearsal and revision (ends at 5.00pm) - DR1  Session 6 supervised study - LRC (including support with Maths)
<b>Thursday</b>	Mr Peters' Lit Lunch Poetry sessions - Hall  French - 103  Product Design NEA - 63 / 67	GCSE Geography - Geographical skills & exam questions sessions after school. - F92 3.25pm - 4.20pm until end April 2020. Students supplied with timetable of themes and are expected to revise that theme for 1 hour prior to attending  Art - Year 11 - F36  Session 6 supervised study - LRC
<b>Friday</b>	Drama - Crucible Viewings - A chance to rewatch and discuss the plot characters and character relationships - DR1  French - 108 Grammar and skill focus  Product Design NEA - 63 / 67	Citizenship - Room 113  Music MB1 3.30pm - 4.30pm