



Next Week -Week 2

9 September: Y11 Revision Strategies Evening
11 September: Y7 Peaks Trip Information Evening
12 September: KS4/5 Presentation Evening
A full calendar is available on our website

School News and Notices

New Staff Update

We are delighted to welcome the following members of teaching staff: Mrs Brown (Science), Miss Davies (Maths), Mrs Dixon (Science), Miss Kershaw (Maths), Mrs Mahadevan (English), Mr Norwood (RS and Sociology), Ms O'Brien (English), Mr O'Connor (English and Film), Miss Seminda Tona (Spanish), Mrs Skidmore (Economics and Business) and Mrs Worthington (Science).

We extend a warm welcome to new members of support staff: Mrs Miles, Mrs Preston and Mrs Tuohy (Teaching Assistants) and Ms Norman (Learning Mentor).

Accent Catering

We have welcomed our new caterers, Accent Catering, to Ashlyns School. Please visit the school website and look under 'Dining' for menus, allergy information and breakfast deals.

Student leadership

More than 60 additional prefects from Years 10 and 11 have been trained and appointed this week. Well done to all of the successful applicants for the high standard of application letters and participation in the workshop on Wednesday evening. There will be a further opportunity for other students to apply in November.

Study Support (formerly Homework Club)

For those students who need to access IT or have a quiet space to complete homelearning, from Monday our Study Support Club runs for an hour after school each day in F107, alongside the LRC which is open every day.

Safeguarding - protecting yourselves online

At the start of the school year, now is a good time to speak with your child about online safety - in particular, if your child receives requests or threats encouraging them to share indecent images, they should block the sender and report to the social media platform or call 101. If children receive pressurising messages, they should speak with a member of the school's Safeguarding Team who will deal with matters sensitively.

Mental health and wellbeing support evening for parents

A talk not to miss! Supporting the mental health and wellbeing of our students, we are delighted to welcome Dick Moore to Ashlyns on 24th September who will deliver an inspirational talk on parenting, emotional health and wellbeing. Please see the attached flyer with further details and booking information.

Netball Dresses

We have an exciting new partnership with Olorun Sports and with whom we have designed a new bespoke netball dress. This is an exciting and optional extra for those who will be playing netball for us this year. If interested, please see Miss Richardson in the PE Office for further details.

Key dates this half term:

- 16 September: Air Cadets Recruitment Evening 7-9.30pm
- 19 September: Y10 Parents' Support & Information Evening
- 3 October: Open Evening
- 4 October: Inset Day

This Week's Attachments

- 'Netball Now' at Ashlyns Flyer
- Teen Yoga Flyer
- Air Cadets Flyer
- Wellbeing Talk Flyer
- Netball Dresses
- Attendance Matters

SEN Courses

Add-vance are running four **FREE** 6 week parent/carer courses starting in September and October 2019 with funding from Hertfordshire County Council.

Courses available:

Understanding ADHD - daytime course in Cheshunt - commencing Monday 16th September

<https://add-vance-understanding-adhd-cheshunt-autumn-2019.eventbrite.co.uk>

Understanding ADHD - daytime course in Borehamwood - commencing Thursday 19th September

<https://add-vance-understanding-adhd-hertsmere-autumn-2019.eventbrite.co.uk>

Understanding ADHD - daytime course in Hitchin - commencing Tuesday 1st October

<https://add-vance-understanding-adhd-hitchin-autumn-2019.eventbrite.co.uk>

These courses are designed for parent/carers of children aged 5 to 14 (or 4 and already in reception), with a diagnosis or suspected diagnosis of ADHD. They are open to parent/carers resident in Hertfordshire only.

Places are limited and offered on a first come first served basis, so booking is essential

Attendance

Well done for an excellent start to attendance this week! The importance of attending school cannot be overestimated. High attendance is closely linked with higher grades at GCSE and ensures your child gets the very best from everything Ashlyns has to offer. Please read our guide, which we hope should make it easier for you to make an informed decision managing your child's illness.

World Challenge Nepal 2019

Whilst many students may have been relaxing in the summer holidays, 31 of our students went on an expedition of their lifetime. Split into two teams with different itineraries, the World Challengers experienced the hustle, bustle and dust of Kathmandu and took in the beautiful scenery of Phewa lake and World Peace Pagoda in Pokhara. The trek phase wasn't quite as easy, with one team heading up to the Annapurna Base Camp 4130m and the other group heading up the Rolwaling valley to Tsho-Rolpa Glacial Lake 4550m. Battling not only the altitude and weather, there were also a lot of steps and leeches to deal with! The teams also spent 5 days in a project helping to build and improve the infrastructure of two different communities and engaging with the local people. It was truly an experience not to be



forgotten!



I'M NOT LOOKING FOR COMMITMENT

Basically I just want to play when I want to play. I don't really want the commitments of a team or regular matches. So whenever I fancy a game, I just pitch up and play. No pressure.

Play your way

www.englandnetball.co.uk/Netball-Now

Emma

**Ashlyns School, Chesham Road, Berkhamsted HP4 3AH
(outside)
Thursdays 7-8pm
£4**

Netball Now is a simple, straight forward way to play netball. It's not a coached session, It's not a competition led by rules, regulations or scores. It is simply a session that you turn up at, pay a small fee and play a game of netball!

Contact Sally or Lucy for more information
sally.whittle@englandnetball.co.uk / lucy.prestedge@englandnetball.co.uk

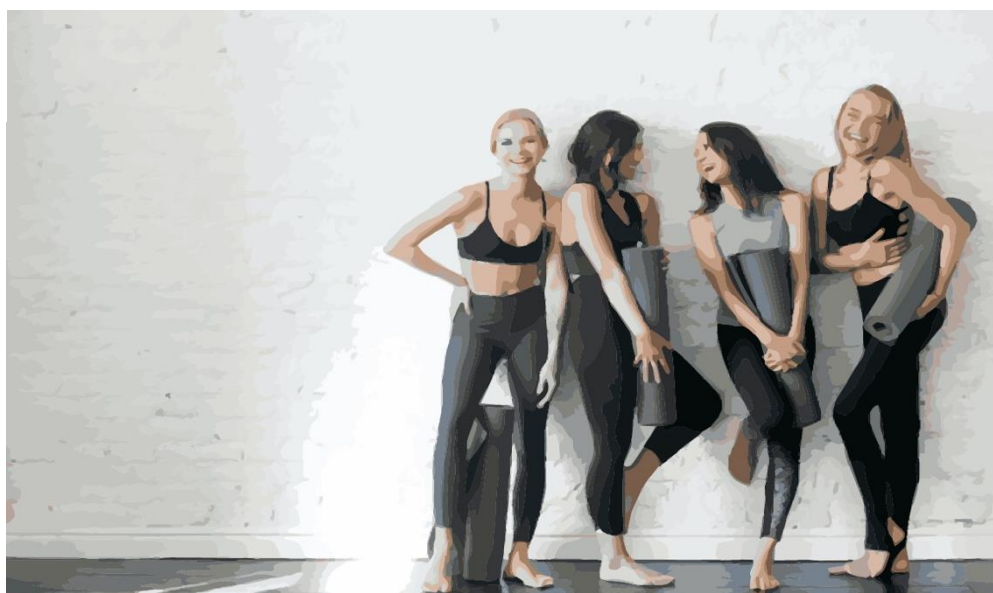


Autumn Term
After School Club
£5 per class
£65 per term

TEEN YOGA

THURSDAY after school YOGA club is back. Uniquely for Ashlyns' students of all ages, creating a time to get fit, stretch out, relax and learn to love your body. A great de-stress and a chance to have fun in a safe and playful environment. Open to all year groups and abilities. Held in the Dance Studio. Time 3.30pm-4.30pm. Limited to 20 students. (no yoga 26th Sept. Last class 12th Dec).

*Allow your teen to find
a moment of calm in
their busy lives.*



*If you would like your
child to have a place,
complete the form and
email to Emma with
full payment.*

Emma Parkes-McQueen is a fully qualified 200hr Yoga Alliance Instructor. Any questions feel free to call her on 07982307926 or info@lovefromyoga.com

PLEASE COMPLETE

Parent Name

Child Name

Class

Mobile number of parent

Email address

Emergency contact details

Any Medical conditions?

Liability Waiver. By signing this I give permission for my child to do yoga, understanding that it is a physical activity and the risk of injury can not be entirely eliminated. I affirm that I alone am responsible for my child to practise yoga and waive any claims that I have against Love from Yoga and Emma Parkes-McQueen.

Signed

Date

Expand your horizons! Be part of something incredible and join 1113 Berkhamsted RAF Air Cadets.

If you're aged between 12 - 17 years old and want to try something different, Air Cadets could be for you! Bring your friends and come along to our recruitment evening on Monday 16th September 2019, between 1900 and 2130, at Ashlyns School, Berkhamsted (HP4 3AH). To find out more, visit our website www.berkhamstedaircadets.org.uk or call us on 07375 087924

INSPIRATIONAL SPEAKER ON EMOTIONAL HEALTH AND WELLBEING

A TALK NOT TO MISS!



**Dick Moore at Ashlyns School on
Tuesday 24 September 2019 at 6.45pm**

[To book a place, please click here](#)

Places are limited, so please book as early as possible.

Who suggested that being a parent is easy?

Dick Moore, the parent of 4 often-errant children and a headteacher for almost 23 years, embarked upon a mission to discover more about what makes young people tick and what he could or should have done during the challenging times!

He has a passion for the mental and emotional health and wellbeing of young people and will be exploring how young people think, why adolescence is an especially vulnerable time and about common issues, which can arise when the going gets tough. Finally, he will offer some tongue-in-cheek tips for parenthood.

Dick has spoken at over 350 schools, universities, businesses and conferences both in the UK and overseas. He is an instructor for Mental Health First Aid, a trainer for the Charlie Waller Memorial Trust and has attended an ASIST course in suicide intervention.

ASHLYNS SCHOOL



ASHLYN SCHOOL
COLOURS: BOTTLE- BLACK - WHITE
PRODUCT DESCRIPTION: Netball Dress
DESIGN: Primal



ATTENDANCE MATTERS!

Descriptor	Threshold Attendance	Actual Attendance	Whole Days Absence	Learning Hours Lost
EXCELLENT	100%	190 days	0	0
	99%	188 days	2	10
	98%	186 days	4	20
GOOD	97%	184 days	6	30
	96%	182.5 days	7.5	37.5
CAUSE FOR CONCERN	95%	180.5 days	9.5	47.5
SERIOUS CONCERN	90%	171 days	19	95
	85%	161.5 days	28.5	142.5
	80%	152 days	38	190

CRITICAL IMPACT ON LEARNING

A Parent's Guide on Sickness and Absence

Most common ailments DO NOT require students to be absent from school. If in doubt please send your child in and matron will assess your child if needed, and contact you if they should be sent home.

If your child has a specific contagious condition that could be passed on to other children or staff, keep your child at home and contact your GP.

When a child is absent.

The Parent / Carer MUST:

1. Report absence to the school via Insight before 9am. This is the preferred method of contact. You can also email the school (attendance@ashlyns.herts.sch.uk). If you do not have access to email or the internet then call the absence line (01442 863605 x 2223). Please detail why your child is absent (the symptoms rather than that they are ill, unwell or feeling under the weather). This is important in case of contagious conditions. Please note that reporting absence does not mean it is authorised but it allows school to make that decision.
2. Report absence EVERY day that your child is absent.
3. Where possible, provide the school with copies or photos of appointments / prescriptions / letters from a medical professional relating to this bout of illness.

The school will:

1. Monitor your child if they appear unwell in class or go to Matron.
2. Call parents / carers if the child needs medication or needs collecting.

Please Note:

If your child attends school and feels unwell during the day, the school Matron will assess their condition. If necessary, the school will contact you to arrange collection. Students who are unwell must visit Matron and are not permitted to contact home directly.

Common Conditions

Ailment	Advice from NHS
Coughs, Colds, Headaches, Sore Throats If in addition they also have a raised temperature, shivers or drowsiness they should stay off school until their temperature is normal, without administration of ibuprofen or paracetamol. If symptoms persist, consult your GP.	A child with a minor cough, cold, sore throat or headache should still attend school.
Tonsillitis Tonsillitis isn't contagious but the infections that cause it are (for example, colds and flu). If in addition they also have a raised temperature, shivers or drowsiness they should stay off school until their temperature is normal, without administration of ibuprofen or paracetamol. If symptoms persist, consult your GP.	A child with tonsillitis should still attend school.
Conjunctivitis If symptoms persist, consult your GP.	A child with conjunctivitis should still attend school.
Antibiotics A child on antibiotics could still attend school. If the reason your child has been prescribed antibiotics is for an infectious disease then you should contact your GP to see when they are able to return. If your child does not have an infectious disease, they can be in school. If the antibiotics should be taken three times a day, these doses can be given outside of school hours. If they need them four times a day, you will need to fill out a Request for School to store Medication form (available on our school website: https://www.ashlyns.herts.sch.uk/school-life/useful-documents/) and Matron will store and administer the fourth dose.	A child on antibiotics could still attend school.
Rash Rashes can be the first sign of many infectious illnesses such as chickenpox and measles. If your child has a rash, check with your GP or Practice Nurse whether or not they should attend school.	Check with your GP or Practice Nurse whether or not they should attend school.
Vomiting and Diarrhoea A child with vomiting and/or diarrhoea should be kept off school. They can return 48 hours after their symptoms disappear. If symptoms persist, consult your GP.	A child with vomiting and/or diarrhoea should be kept off school.

This advice was taken from <https://www.nhs.uk/live-well/healthy-body/is-my-child-too-ill-for-school/>

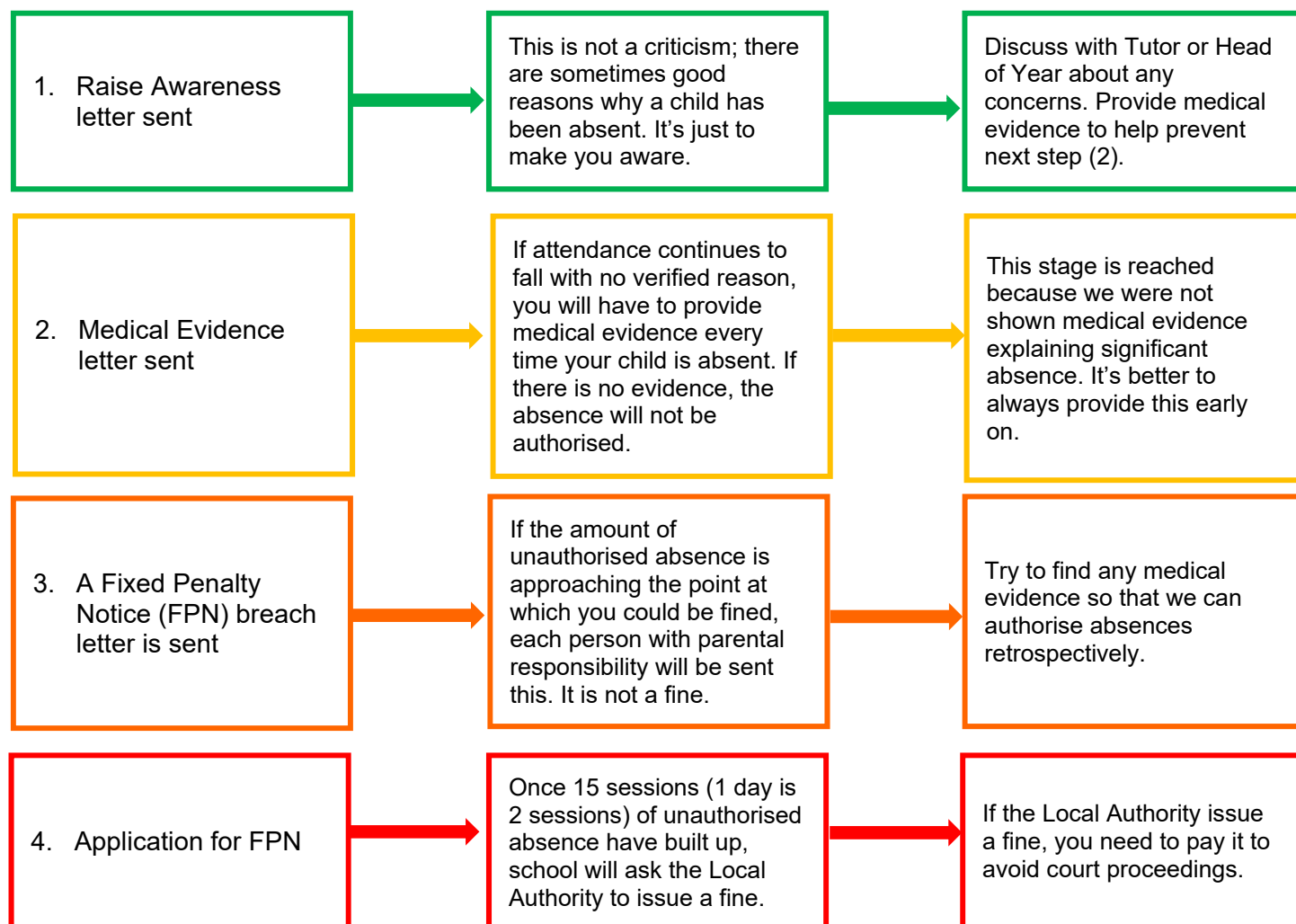
Schools will monitor attendance for all students and will issue Raise Awareness letters where attendance is becoming a concern. If attendance continues to drop, medical evidence will be required to authorise all absence, and financial penalty notices could be issued. The involvement of the Local Authority Attendance Officer could be requested.

A Parent's Guide to Attendance

What to do if your child is ill

- Refer to managing sickness guide.
- If in doubt, send your child to school. If they are unwell, school will call you.
- Inform the school every day of absence, via Insight or phone.
- Provide copies of appointments / letters / text reminders.

What will happen if attendance drops below 97%



What is Medical Evidence?

- Appointment cards or letters with the date and name visible.
- Letters from medical professionals.
- Prescriptions or photographs of prescribed medication with the date and name visible.
- Appointment reminders / screen shots of reminders.

We are happy for these to be paper copies (we can copy them for you), photographs of documents or forwarded emails.

Ways to avoid any of this happening

Send your child into school if in doubt; it is better to always send in medical evidence right from the start, to avoid these steps having to be taken.

Make an appointment to talk to your child's tutor or Head of Year. It's always better that school understands the issues your child is facing, so that we can support them in the best way. If there are problems at home, it's good for us to know about that too.

Don't take holiday during term time, it is always unauthorised, and the unauthorised absence carries over into the next term.