



Dear Parent/Carer

December 2019

## **Sports Science and Physical Activity, A Level PE Revision Day - Monday 20 January 2020**

I am writing to invite your son/daughter to attend an A Level PE revision day run by the University of Bedfordshire. Sessions will be taken by university lecturers and focused specifically towards the A Level syllabus. The day has also been designed to give our students an insight into the life of a student at the University of Bedfordshire. It will include a session from Dr Sophie Killer about Nutrition in Elite Sport, as well as seminars on Sociology, Psychology, Biomechanics and Environmental Physiology in the university's state-of-the-art laboratories.

Although the trip is not a compulsory aspect of the A Level PE course, it is an excellent opportunity for the students to revise specification content, as well as gain an insight into what a degree in Sports Science may entail.

The revision course will be held at the University of Bedfordshire, Bedford Campus, on Monday 20 January 2020. Students should meet at the Sports Hall at 8.00am, where transport will be provided (school minibus); students will return to Ashlyns at approximately 4.00pm. The day will include a number of practical sessions so students should dress appropriately, in Ashlyns PE kit where possible. Students will need to bring a packed lunch with them on the day.

The cost of this trip will be £11.00. Payment may be made by WisePay (our preferred option), or by cheque (made payable to Ashlyns School), by Thursday 19 December. Please note that if payment is made by WisePay, a completed permission slip is not required. If paying by cheque, please complete and return the permission slip to the Finance Box outside the staffroom. Payments are non-refundable.

Please note that the school's policy is that trips and other activities outside the normal teaching programme should be self-funding. Contributions are voluntary, but if these are insufficient, the trip may have to be cancelled. No student will be denied participation in the trip because of difficulty in meeting the cost. In cases of genuine financial hardship, please contact Mrs Wilson in the Finance Office.

If you have any further questions, please do not hesitate to contact me.

Yours sincerely

Miss V Holmes  
Second in PE

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**Please note that if payment is made by WisePay, a completed permission slip is not required**

Student Name: \_\_\_\_\_ Form: \_\_\_\_\_

I give permission for my son/daughter to attend the A Level PE Revision day at the University of Bedford on 20 January, and to travel to and from the venue in the school minibus.

I enclose a cheque for £11.00 payable to Ashlyns School.

I have been accepted onto the 16-19 Bursary and am requesting funding.

Signed: \_\_\_\_\_ (Parent/Carer) Date: \_\_\_\_\_