



January 2019

Dear Parent/Carer

## **Biomechanics Lecture at Aylesbury Grammar School - Monday 4 February**

I am writing to invite your son/daughter to attend a lecture led by Research Engineer and GB Cross Country athlete, Kristian Jones. The lecture will look at the Biomechanics content covered in the Exercise Physiology section of the A level course and will explore the idea of how these principles can be applied to a sporting and research context. Although the trip is not a compulsory aspect of the A Level PE course, it is an excellent opportunity for the students to see possible career progression from a degree in Sport and Exercise Science, as well as hearing first-hand the dedication it takes to be an international athlete.

The lecture will be held at Aylesbury Grammar School on Monday 4 February at 2.30pm. Students should meet at the Sports Hall at 1.25pm where transport will be provided (school minibus) and students will return to Ashlyns at approximately 4.15pm.

There will be no cost to students to take part in this trip. If you would like your son/daughter to attend, please complete and return the permission slip below to me by Thursday 31 January.

Yours sincerely

Miss V Holmes  
Second in PE

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**Biomechanics Lecture at Aylesbury Grammar School - Monday 4 February - please complete and return to Miss Holmes in the PE Office.**

Student Name: \_\_\_\_\_ Form: \_\_\_\_\_

I give permission for my son/daughter to take part in the trip to Aylesbury Grammar School on 4 February to attend the Biomechanics Lecture, and to travel to and from the venue in the school minibus.

Signed: \_\_\_\_\_ Parent/Carer Date: \_\_\_\_\_