

KNOW YOUR ALLERGENS

When someone asks you if a food contains a particular ingredient – always check.

You can print allergen information from The Source and give this to your customer upon request from 13th December 2014.



FRONT OF HOUSE:



BACK OF HOUSE:



WHAT ARE THE ALLERGENS TO BE AWARE OF?

Peanuts



Soya



Milk



Lupin



Mustard



Molluscs



Eggs



Crustaceans



Fish



Gluten



Sesame seeds



Celery



Nuts



Sulphur dioxide

